



TO CONFERENCE . . . Attending the Sierra Mar District of Business and Professional Women's Clubs' annual conference and workshop in Long Beach, Saturday, were representatives from the Torrance club, from left, Mmes. Albert Reinman, John Snow, president, and Zygmond Giza. Conference speaker was Julia Arri, state recording secretary, whose topic was "Leadership—Community, Personal and World."

Myer Twins AAUW Branch Offers Celebrate Birthdays Study-Action Program

Caryle and Sherrie Myer, twin daughters of Mr. and Mrs. Ellis Myer, celebrated their 11th birthdays with a festive party at their home on Ridgeland Ave., Saturday, Feb. 2.

A "ballet dancer" theme was used in the decorations, nut cups, napkins and party favors. The birthday cake was pastel blue and pink and was topped by miniature ballet figurines.

Games were played and each little guest was presented with a favor.

The birthday cake was served with ice cream.

Invited to help Caryle and Sherrie were Nikki Santaella, Susan Mawrey, Vickie Warner, Debbie Patterson, Freddie and Tracy Orr, Becky Watt, Diana Williamson, Cindy Hatfield, Margie Briley and Debbie Fillman of Torrance.

Others were Annette and Gudrin Soderholm, Palos Verdes, and Cathy Baumgardner of Orange.

On the real birthday, Feb. 6, the girls' grandparents, Mr. and Mrs. Carroll F. McLaughlin of San Pedro, were here for a family birthday dinner.

Two new members have joined the Manhattan Beach Branch, American Association of University Women, according to Mrs. Ronald Webb, first vice president and membership chairman.

They are Miss Juanita B. Hammer, Redondo Beach, a graduate of the University of Southern California, Los Angeles, and Miss Dorothy Jensen, Hermosa Beach, of the University of Minnesota at Minneapolis.

The local branch, one of 1,500 association branches in the United States, has a membership of nearly 200 women from the South Bay area.

In keeping with its purposes of continuing intellectual growth, advancement of women, and responsibility to society, the group offers monthly programs of general interest which treat a wide diversity of subject matter.

The branch also offers an extensive study-action program in the areas of art, books, elementary and secondary education, higher education, international relations, mass media, music, social and economic issues, and status of women.

In addition to supporting legislation commensurate with the study-action program, the organization contributes to a fellowship program which awards annual stipends to women scholars for advanced study.

Officers of the branch are: Mmes. Michael Lesh, president; Ronald Webb, first vice president and membership chairman; Orlando Tafaya, second vice president and program chairman; Robert Rupkey, corresponding secretary; Raymond Reaber, recording secretary; and Norma Hessman, treasurer.

Chairmen are Mmes. James A. Boyd, art; John A. Calkins, book; Robert Huffman, bridge; John H. Peck, ele-

mentary and secondary education; Raymond C. Sloan, higher education; Lowell Dunham, fellowships; Daniel O. Otter, Jr., historian and telephone; Roger Schaefer, hospitality; Virgil Elser, international relations; John Elliott, legislation; Phillip Korman, mass media; Arthur C. Ferry, music; Daniel McDonald, newsletter; Richard Rector, parliamentarian; Robert J. Wickwire, public relations; Howard Harsh, social and economic issues; Raymond Kelly, status of women; and L. Wheaton Smith, study group coordination.

South Bay women college graduates with degrees from institutions accredited by AAUW are eligible for membership in the local branch. Interested individuals may contact Mrs. Ronald Webb for additional information.



FISH 'N' CHIP Casserole combines salmon with corn, crumbled potato chips and tomato juice and seasonings for a supper dish of nutrition and interest. Salmon rates as a food of high protein value; its ease of preparation is famous. Together they make a food most homemakers like to prepare for their families.

TAKE SOME SALMON Serve it Often as High Protein Food

Salmon has been nourishing the human race and delighting the human palate since prehistoric times. Today, thanks to modern canning methods, it is becoming known more widely than ever as a cosmopolitan food fish.

Its good flavor and the convenience of the easy-to-store, easy-to-use can are two good reasons for cooking and serving salmon.

But there are even better reasons. The protein in salmon is a complete protein which places it in the same group as meat and poultry, cheese and eggs.

Most recipes which use canned salmon, suggest using the whole can of salmon including the liquid, bones and skin. That is because they are good sources of iodine and phosphorus, vitamin A, vitamin D and the B group vitamins.

FISH 'N' CHIP CASSEROLE

- 2 green peppers
- 1 (1 lb.) can salmon
- 3 cups crumbled potato chips
- 1/2 tsp. garlic powder
- 1/4 tsp. salt
- 2 tsp. chili powder
- 1 (10 1/2-oz.) can condensed onion soup with beef stock
- 1 (#2) can tomato juice
- 1 pkg. frozen corn kernels
- 1/2 cup potato chip crumbs

Slice green peppers very thinly into bottom of buttered casserole dish. Drain liquid from salmon into bowl.

Flake salmon into bowl; add crumbled potato chips, garlic powder, salt, chili powder, onion soup, tomato juice and corn and mix lightly.

Spoon into baking dish and sprinkle with potato chip crumbs. Bake in 350 degree oven for 35 to 40 minutes and serve hot in casserole.

SALMON MOUSSE

- 1 tbs. unflavored gelatin
- 2 tbs. cold water
- 1 chicken bouillon cube
- 1 cup boiling water
- 3 (7 1/2-oz.) cans salmon
- 1/2 cup salad dressing
- 2 tbs. chopped parsley
- 1 tbs. lemon juice
- 1 tbs. grated onion
- 1 tsp. horseradish
- 1/4 tsp. salt
- Dash pepper
- 2 tbs. unflavored gelatin
- 1/2 cup salmon liquid and water
- 1 cup whipping cream
- Salad greens
- 1 hard cooked egg

Soften the 1 tbs. gelatin in 2 tbs. cold water for 5 min. Dissolve bouillon cube in boiling water. Add hot bouillon to gelatin and stir to dissolve.

Pour into 1 1/2-qt. mold and chill until firm. This makes aspic layer.

Drain salmon, reserving liquid. Add salad dressing, parsley, lemon juice, onion, horseradish, salt and pepper. Mix well.

Soften gelatin in salmon liquid for 5 min. Stir over hot water until dissolved. Add to salmon mixture and blend thoroughly; electric mixer or blender may be used.

Whip cream; fold into salmon mixture. Turn into mold over congealed aspic; chill until firm.

Unmold on salad plate; garnish with salad greens and hard-cooked egg.

24-Hour Dessert Salad

Combine 1 (13 1/2 oz.) can crushed pineapple, 16 marshmallows cut in quarters or 1/4 cup miniature marshmallows, 1 1/2 cup finely grated carrots and 1/2 cup coarsely chopped pecans. Mix well.

Whip 1/2 pint heavy cream and fold gently into mixture. Refrigerate over night. Serve on lettuce.

SKIM MILK MAKES COCONUT MOUNDS

Cocunut Mounds are tempting and delicious. Soften 1 envelope unflavored gelatin in 1/2 cup cold skim milk. Add 1 1/2 cups hot skim milk, 1/4 cup sugar and a dash of salt.

Stir to dissolve gelatin; add 1/4 teaspoon vanilla and chill until thickened.

Stir in 1 cup finely chopped shredded coconut and pour into individual molds and chill until firm. At serving time, unmold and top each mound with jellied cranberry sauce cutout.

Snappy Gravy

If your's is a meat and potato family, enjoy this easy-to-do gravy made with drippings from beefburgers or chops. Stir into drippings a generous amount of catsup, a little Worcestershire sauce, a dash of Tabasco and plenty of instant minced onion.

New Looks For Spring

Vogue-Fabric Show At May Co. Feb. 18

May Co. California presents its Vogue Fashion-Fabric Show for spring 1963 with the local showing scheduled for the May Co. South Bay on Monday, Feb. 18, at 2 p.m. and again at 7:30 p.m. in the store's sportswear department.

The theme "Spring Contempo" refers to a new approach to design with graceful lines as lovely and livable as busy today, expressed through supple, bright contemporary fabrics that are as carefree as a spring tomorrow.

A delightful air of femininity and softness of design arrives in the spring fashion world. If there is a new look it certainly is found in the long, slender look for suits, an easy, effortless look achieved by overblouses and simple tunic and longer jacket.

Featuring the "long" look in their Vogue Show, the May Co. stresses the pale tones, especially porcelain pink, soft and mauve; porcelain yellow and sharper shade enamel yellow; bachelor button blue is as true as the flower itself. In the pale neutrals there are the French vanilla, wicker, and palest of greyed greens.

Navy will look newswy again especially with white, red and other strong colors.

For the dramatic touch, a bold black and white with off-beat prints, wineberry red, marine blue and chocolate.

Spring fabrics are textured, souffles, lenos, toile weave, fluid crepe and for later warmer weather, dimity and dotted swiss.

Spring dresses are casual yet elegant with accent on the shapely shift, newly feminized with gentle darts and seams; the shirtdress or pull-over, in its most classic form; the tunic sometimes with an oriental "rajah" flair.

For formal wear "the Siren" is the name for the whole breed of draped silk crepes and chiffons.

Spring accessories incorporate the new colors. Jackets take the pullover version; jewelry stars the important neckline, high, bulky or long; handbags show pared down silhouettes, envelopes, swagers and boxes; gloves in varying lengths with emphasis on four and six button; shoes are open, sandals, straps, cutouts, with the heel definitely lower.

Millinery is trim, tailored



NEW LONG LOOK . . . This crisp ensemble combines a basic dress of imported beige linen, Vogue pattern 5748 with a coordinated jacket of red-navy-beige allover print cotton, Vogue 5772.

Bridge Luncheon

Mrs. John Melville was hostess to her club at a bridge-luncheon Thursday afternoon at her home, 1512 El Prado Ave.

Club members are Mmes. M. A. Bauman, W. C. Boswell, Eugene Cook, Paul Loranger, Mel Millar, Delbert Thomsen and Dean Sears.

Mrs. Millar will be the club's next hostess.

Camp Fire Girls Elect

Alison Chamberlain is the new president of the "Iyega Tapa Yolo" Campfire Girls. She succeeds Susan Wilson. Other new officers are Mitzi Bowling, vice president; Julie Johnson, secretary; Cynthia Smith, treasurer; and Toni Weeks, historian.

During the recent business meeting plans were made for a nature hike and a sea shell hunting trip.

The Camp Fire Girls, all students at the 259th Place School, meet each Tuesday at the home of their leader, Mrs. G. Weeks, in Harbor City. The group did not meet last Tuesday due to the Lincoln's birthday holiday.

Joan Bommarito Named to Council

Miss Joan Bommarito, daughter of Mr. and Mrs. Benedict M. Bommarito of 3812 W. 171st St., Torrance, was recently elected as the sophomore class representative to the Student Council of Marymount College, Palos Verdes Estates.

Miss Bommarito has served as the chairman of various events on the campus as well as participating in the English Club, the Sodality, the Choral Club and the Language Club. Joan is majoring in English and minoring in psychology.

Will Attend Conference

Mrs. Kenneth McVey and Mr. Eric Borner, representing the Torrance Recreation Commission, will attend the 15th Annual California Pacific Southwest Recreation and Park conference to be held in San Diego from Feb. 17 through 20. The conference opens at noon on Sunday at the El Cortez Hotel.

Meets Tonight

Friendship Committee of the Torrance Chapter 44, Women of the Moose, will meet this evening at 7:30 p.m. at the home of Mrs. James Baudin, 2208 Arlington Ave.

Bringing Up Baby.

HINTS COLLECTED BY MRS. DAN GERBER, MOTHER OF 5

Baby-care styles, like most everything else, change. In grandmother's day rigid rules were put above reasonableness.

Then came the self-demand style of letting baby set his own feeding and sleeping patterns. Today there seems to be a trend toward more fixed schedules. Certainly children do thrive on some kind of routine, but the modern parent will remember that a rule is only as good as its flexibility. . . . that no schedule is more important than baby's comfort and happiness.

Progress report. Once your little one is well established on straight fruits, meats and vegetables, it's a good idea to introduce some of the wonderful combination foods. Gerber Strained Dinners, for example, are famous for pleasing little palates. These good-tasting "mixed" dishes combine vegetables, cereal and meat for bright, delightful flavor interest. And, like all Gerber Baby Foods, the Dinners are specially processed for utmost protection of food values.

Pin Point. If you remember to pin baby's diapers with the point up, baby is less apt to get pricked if the pin opens.

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Walteria PTA Meets Tonight

Walteria PTA will meet this evening at 7:30 p.m. for a Founders Day program. Theme will be "Faith in Our Founders." Honorary Life Memberships will be awarded and the South High Choir will entertain. The nominating committee will report.

Parents of fifth grade students will be hosts at the meeting to be held in the cafeteria.

PERMANENT WAVE SPECIALS!

Thurs., Fri., Sat., Feb. 14, 15, 16

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